

Springwood Heath Primary **School**

Intent, implement and impact

PE Co-ordinator – Mr Jones

Intent

Springwood Heath Primary School recognises the value of Physical Education (P.E). We fully adhere to the aims of the national curriculum for physical education to ensure that all children:

- Develop competence to excel in a broad range of physical activities
- Engage in competitive sports and activities
- Are willing to practise skills in a range of different activities and situations, alone, in small groups and in teams, and to apply these skills in chosen activities to achieve high levels of performance
- Have and maintain high levels of physical fitness
- Lead a healthy lifestyle which is achieved by eating sensibly
- Are able to remain physically active for sustained periods of time and understand the importance of this in promoting long-term health and well-being
- Are able to improve their own and others' performance
- Can swim at least 25 metres before the end of Year 6 and know how to remain safe in and around water

Implement

P.E is taught at Springwood Heath Primary School as an area of learning in its own right as well as integrated where possible with other curriculum areas. It is taught at a minimum of one PE session a week.

We teach lessons so that children:

- Have fun and experience success in sport
- Have the opportunity to participate in P.E at their own level of development
- Secure and build on a range of skills
- Develop good sporting attitudes
- Understand basic rules
- Experience positive, inclusive competition
- Learn in a safe and inclusive environment
- Have a foundation for lifelong physical activity, leaving primary school as physically active.

Impact

P.E is taught as a basis for lifelong learning, where the children have access to a wide range of activities in the belief that, if taught well and the children are allowed to succeed, then they will continue to have a physically active life. A high-quality physical education curriculum inspires all children to succeed and excel in competitive sport and other physically demanding activities. At Springwood Heath, we provide opportunities for children to become physically confident in a way that supports their health and fitness. Opportunities to compete in sport and other activities build character and help to embed values such as sharing, tolerance, inclusion, friendship and endurance.